Unilateral Hyperlucent Lung Associated With Bronchial Atresia Mimicking Swyer-James Syndrome

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Introduction

Bronchial atresia is a rare pulmonary anomaly characterized by a blindly-terminating bronchus, mucoid impaction, and hyperinflation of the obstructed segment of the lung. 1 Chest radiographic findings typically show mucoid impaction, segmental overinflation, and hypovascularity, although most patients do not have any respiratory symptoms. 1.2 We herein present 2 cases of bronchial atresia with unilateral hyperlucent lung mimicking Swyer-James syndrome.

Case Summary

Case 1

A 28-y-old male experienced left chest pain while at work and was diagnosed with a left spontaneous pneumothorax at a nearby hospital. After 4 d, he was referred to our department because the pneumothorax progressed during observation. His past medical and family history was unremarkable. He was 167 cm tall and weighed 48.2 kg. His body temperature was 37.0°, his pulse was 75 beats/min and regular, his blood pressure was 120/70 mm Hg, and his breathing frequency was 16 breaths/min on admission. Percussion and auscultation revealed decreased breath sounds over the left hemithorax, although no abnormalities in heart sounds were detected.

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Intercostal tube drainage was immediately carried out on admission. A chest radiograph demonstrated a left pneumothorax with pleural adhesion of the upper field and slight deviation of the mediastinum toward the right (Fig. 1A). Chest high-resolution computed tomography (CT) performed after thoracic drainage demonstrated areas of low attenuation in the left upper lobe with a dilated bronchus and subpleural bullae (Fig. 1B). CT angiography revealed a narrowed left pulmonary artery and tributaries with undetectable peripheral branches. Ventilation-perfusion lung scintigraphy demonstrated a matched ventilation-perfusion defect in the upper and middle fields of the left lobe with marked air trapping during the washout phase (Fig. 2A). On bronchoscopy, neither bronchial atresia nor stenosis was observed.

These findings, including unilateral hyperlucent lung with decreased vascular markings, bronchial dilatation of the affected lung, and the matched ventilation-perfusion defect with air trapping during the washout phase, indicated a diagnosis of Swyer-James syndrome. Due to the persistent air leak, which lasted for 16 d, lobectomy of the left upper lobe was performed. The resected lung demonstrated emphysematous changes in which part of the branch of the apicoposterior segmental bronchus was enlarged and contained a mucoid impaction. The dilated bronchus demonstrated a blind end (Fig. 3). Ultimately, the patient was diagnosed with lobar emphysema associated with bronchial atresia.

Case 2

A 36-y-old female first presented with abnormal chest radiographic findings $\sim \! 10$ y prior to the current presentation. She had been asymptomatic and had no significant medical history. She complained of a persistent dry cough without wheezing, and a long-acting bronchodilator was prescribed. Her symptoms remitted, and a chest radiograph showed hyperlucency of the left lung.

To identify the cause of the unilateral hyperlucent lung, the patient was referred to our department. Her past medical and family history was unremarkable. She was 151 cm

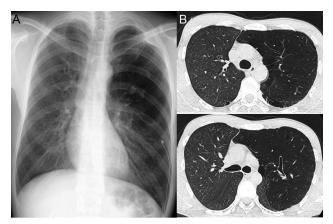


Fig. 1. A: Posteroanterior chest radiograph showing hypertranslucency of the left upper and middle fields with a marked reduction in the peripheral lung markings. B: High-resolution computed tomography scan showing emphysematous areas in the left upper lobe with a dilated bronchus and subpleural bullae.

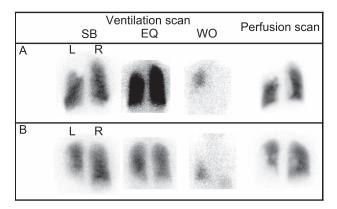


Fig. 2. Ventilation-perfusion lung scintigraphy. A: the matched ventilation-perfusion defect in the upper and middle fields of the left lobe of case 1. B: the matched ventilation-perfusion defect in the middle and lower fields of the left lobe of case 2. SB = single-breath phase; EQ = equilibrium phase; WO = washout phase; L = left; R = right.

tall and weighed 57 kg. Her body temperature was 36.4°, her pulse was 78 beats/min and regular, her blood pressure was 128/80 mm Hg, and her breathing frequency was 14 breaths/min. Percussion and auscultation revealed decreased breath sounds over the left hemithorax; however, no abnormalities in heart sounds were noted.

A chest radiograph demonstrated hyperlucency with bronchiectasis in the left middle and lower fields (Fig. 4A). The trachea had shifted slightly toward the right side; this shift was enhanced on a chest radiograph during the expiratory phase. Chest high-resolution CT demonstrated a large degree of hyperinflation in the left lower lobe with reduced pulmonary vessels and a mucocele. The lateral basal segmental bronchus (B9) of the left lung was dilated and did not communicate with the left inferior lobar bron-



Fig. 3. The resected lung demonstrating mucoid impaction (arrows) with a blindly-terminating bronchus.

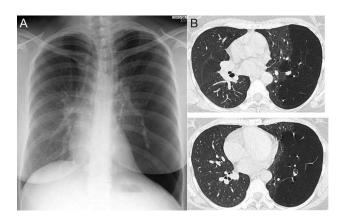


Fig. 4. A: Posteroanterior chest radiograph showing hypertranslucency of the left middle and lower fields with a marked reduction in the peripheral lung markings. B: High-resolution computed tomography scan showing a large degree of hyperinflation of the left lower lobe and reduced pulmonary vessels with dilated bronchioles and a few areas of mucoceles.

chus (Fig. 4B). Ventilation-perfusion lung scintigraphy demonstrated a matched ventilation-perfusion defect in the middle and lower fields of the left lobe with marked air trapping during the washout phase (see Fig. 2B). Bronchoscopy revealed complete obstruction of the orifice of

the left B9. The patient was diagnosed with bronchial atresia of the lateral basal segment of the left lower lobe.

Discussion

Bronchial atresia is a rare congenital abnormality in which the bronchus lacks central airway communication. It is characterized by cystic, blindly-terminating, mucusfilled bronchoceles without connection to the main bronchial tree with normal subsequent generations of bronchi. Chest radiographic findings demonstrate round or lobulated perihilar, solid, or cystic masses as a sign of mucoid impaction. On the other hand, Swyer-James syndrome is characterized on chest radiographs by unilateral hyperlucent hemithorax formation with decreased vascular markings and on expiratory chest radiographs by air trapping. Moreover, bronchiectasis in either the ipsilateral or contralateral lung has been previously reported. 3-5

In the 2 cases presented, a chest radiograph demonstrated unilateral hyperlucent lung with leftward displacement of the mediastinum, whereas chest CT revealed decreased vascular markings and bronchiectasis in emphysematous regions. Moreover, radionuclide ventilation scans showed delayed entry and washout in the affected regions, and the perfusion and ventilatory abnormalities were matched. These findings suggested a diagnosis of Swyer-James syndrome. In the pathogenesis of bronchial atresia, mucus continuously secreted from goblet cells and submucosal glands cannot pass through the blindly-terminating bronchus and accumulates, forming an area of a mucocele and causing progressive dilatation of the distal bronchus. In cases involving the transient spontaneous disappearance of a mucocele, as demonstrated in previous reports,6-8 the radiographic findings may masquerade as Swyer-James syndrome.

Bronchial atresia frequently demonstrates emphysematous changes in the affected peripheral lung, although it is a rare cause of unilateral hyperlucent lung.8 The emphysematous changes are thought to be due to the preserved ventilation through the pores of Kohn and canals of Lambert in the surrounding lung and bronchi and to the checkvalve mechanism.9 On the other hand, Swyer-James syndrome is an acquired condition characterized by a unilateral hyperlucent lung that usually develops during childhood as a sequel of postinfectious bronchitis obliterans. The main pathogenic event seems to be acute bronchitis with obliteration of small airways, leading to the dilation and destruction of the lung parenchyma with air trapping. 10-12 To differentiate bronchial atresia from Swyer-James syndrome in patients with a unilateral hyperlucent lung on chest roentgenograms, the high-resolution CT finding of a normal distal bronchial branch pattern without a connection between the distal and central airways is essential.

Most patients with bronchial atresia do not have any respiratory symptoms, and the diagnosis is based on incidental findings. In the remaining 42% of cases, recurrent chest infections, coughing, and dyspnea are the most common symptoms.1 Bronchial atresia associated with pneumothorax formation is extremely rare in spite of overinflation of the involved lung parenchyma. To the best of our knowledge, this phenomenon has been demonstrated in only 3 reports. 13-15 The underlying mechanism of spontaneous pneumothorax formation in patients with bronchial atresia is thought to be as follows: hyperinflation of the involved region, despite the presence of subsegmental bronchial obstruction, is caused by collateral air flow via the interalveolar pores of Kohn or bronchioloalveolar channels of Lambert and air trapping due to the check-valve mechanism.¹⁶ Moreover, the emphysematous changes induced by hyperinflation progress, results in the formation of bullae or blebs followed by the eventual development of a spontaneous pneumothorax due to rupture of the bullae. In fact, the presence of subpleural bullae or blebs in hyperinflated lung lesions has been observed in all cases of bronchial atresia followed by spontaneous pneumothorax formation.

In conclusion, we presented 2 cases of unilateral hyperlucent lung associated with bronchial atresia in which the radiographic findings mimicked those of Swyer-James syndrome. Although most patients with bronchial atresia do not have any respiratory symptoms, clinicians should recognize that the presence of subpleural bullae and blebs in emphysematous lesions predisposes patients with bronchial atresia to spontaneous pneumothorax formation.

Teaching Points

- The diagnosis of bronchial atresia is based on the presence of radiographic findings demonstrating a mucocele, occlusion of the central bronchus due to a mucocele, and emphysematous changes around the area of the mucocele.
- In our 2 cases, the chest radiographs demonstrated expanded emphysema with bronchiectasis due to the disappearance of the mucocele and decreased vascular markings. Moreover, the ventilation-perfusion scanning showed a matched ventilation-perfusion defect and air trapping during the washout phase on ventilation scanning. These findings may masquerade as Swyer-James syndrome.
- To differentiate bronchial atresia from Swyer-James syndrome, it is essential to determine whether there is a normal distal bronchial branch pattern without a connection to the distal and central airways by chest high-resolution CT.

 Bronchial atresia should be considered in the differential diagnosis of a unilateral hyperlucent lung.

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