
Systematic Review

Neurally adjusted ventilatory assist (NAVA) versus pressure support ventilation (PSV) during non-invasive ventilation (NIV): systematic review and meta-analysis

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1 **Title: Neurally adjusted ventilatory assist (NAVA) versus pressure support**
2 **ventilation (PSV) during non-invasive ventilation (NIV): systematic review and**
3 **meta-analysis**

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11 The manuscript has been read and approved by all the authors.

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39 **meta-analysis**

40 Abstract

41 Background: Non-invasive ventilation is increasingly used as a respiratory
42 support therapy. Neurally adjusted ventilatory assist (NAVA) is a novel mode of
43 mechanical ventilation, which could improve patient-ventilator interaction.

44 Objective: Implement a meta-analysis to compare patient-ventilator interaction
45 and clinical outcomes between NAVA and pressure support ventilation (PSV) in adult
46 patients during NIV.

47 Methods: The Pubmed, Cochrane Library, Web of science, OpenGrey and
48 Embase databases were searched for appropriate clinical trials comparing
49 NIV-NAVA with NIV-PSV for adult patients. Comparisons of asynchrony index (AI),
50 types of asynchrony and clinical outcomes were pooled.

51 Results: 15 studies were included involving 615 subjects. AI was significantly
52 lower in NAVA than PSV group (MD -14.70, 95% CI: -23.20 to -6.19, $P < 0.001$).
53 Subgroup analysis grouped by exacerbation of chronic obstructive pulmonary
54 diseases (COPD) or non-COPD showed that the AI of NAVA was lower than PSV in
55 COPD exacerbation (MD -14.56, 95% CI: -21.04 to -8.09, $P < 0.001$) and non-COPD
56 (MD -3.02, 95% CI: -4.44 to -1.61, $P < 0.001$). Severe asynchrony was significantly
57 lower in NAVA than in PSV (OR 0.06, 95% CI: 0.03 to 0.11, $P < 0.001$). Inspiratory
58 trigger delay in NAVA was significantly lower than PSV (MD -129.60, 95% CI:
59 -148.43 to -110.78, $P < 0.001$). NAVA had longer ICU duration than PSV (MD 1.22,
60 95% CI: 0.44 to 2.00, $P = 0.002$). Level of discomfort was significantly higher in
61 NAVA group than PSV group (MD 0.62, 95% CI: 0.02 to 1.21, $P = 0.04$).

62 Conclusion: NAVA has more advantages in ventilator-patient interaction than
63 PSV in NIV. Further high quality research is needed in order to estimate effects on
64 clinical outcomes.

65 Key words: Neurally adjusted ventilatory assist; NIV; asynchrony; respiratory
66 discomfort

67 Introduction

68 Non-invasive ventilation (NIV) is increasingly used as a kind of respiratory
69 supportive therapy for patients with various respiratory disorders. NIV has been
70 shown to improve outcomes of respiratory failure, including reduced mortality and
71 reduced need for endotracheal intubation ^{1, 2}. However, failure of NIV, defined as the
72 need for intubation and invasive mechanical ventilation, is associated with worse
73 clinical outcomes. Apart from patient tolerability and the severity of the underlying
74 disease, patient-ventilator asynchrony, which means poor synchrony between the
75 patient's spontaneous breathing activity and the ventilator's setting parameters, is an
76 important cause of NIV failure ^{3, 4}. In addition, asynchrony was associated with the
77 risk of discomfort, increased sedation, paralysis, elevated work of breathing,
78 prolonged ventilation and higher mortality ^{5, 6}.

79 Pressure support ventilation (PSV) is one of the main assist ventilation modes ^{7, 8}.
80 However, the mismatch between the patients and ventilators is a common cause
81 failure of NIV. Neurally-adjusted ventilatory assist (NAVA) is a mode of ventilation
82 utilizing electrical activity of diaphragm (EAdi), which is sensed by a special
83 nasogastric catheter (EAdi catheter), to trigger and terminate the respiratory cycle.
84 The NAVA can adapt changes of the patient's ventilatory demand, and strike a
85 balance between the ventilator assistance and the patient's effort. Therefore, NAVA
86 provides assistance for patient and hence improves patient-ventilator interaction and
87 reduces the asynchrony ⁹. However, the discomfort caused by nasogastric catheter
88 was also commonly reported ¹⁰. Advantages of NAVA in NIV for prognosis
89 compared with PSV, like duration of hospital stay, hospital mortality or gas exchange,
90 were unclear as well ¹¹⁻¹³.

91 The aim of this systematic review and meta-analysis is to compare the effects of
92 NAVA with PSV on patient-ventilator interaction and clinical outcomes among adult
93 patients undergoing NIV.

94

95 Methods

96 Search strategy

Two independent investigators (TW, CL) searched Pubmed, Cochrane Library, Web of science, OpenGrey and Embase databases (inceptions to June 2021), with no language and region restrictions. Potential eligible trials were also screened from other Internet sources, as well as those involved in review articles or meta-analysis. The following keywords: 'NAVA', 'neurally adjusted ventilatory assist', 'NIV' and 'Noninvasive ventilation' were used for searching. The search results were merged, and duplicate records of the same report were removed. One reviewer (SL) scanned the titles and abstracts to identify the potential eligibility, retrieved the potentially relevant studies for full-text review and rule out the irrelevant articles. Two reviewers (SL, TW) went through the full texts and extracted the data independently then. If any difference in opinion, the third reviewer (CL) made the final decision. The flow chart was shown in the supplementary figure 1.

Inclusion and exclusion criteria

Inclusions contain: (1) researched study comparing NAVA with PSV during NIV in adult patients, (2) outcomes including asynchrony index (AI), events of different types of asynchrony, time parameters including inspiratory trigger delay, results of blood gas analysis, duration of ICU stay, duration of NIV, hospital mortality and intubation rate.

Exclusions contain: (1) reviews, case reports, (2) Articles without sufficient data (3) researches involving children were not included.

Data extraction

Two reviewers extracted the data independently including the first author's name, publication year, country, number of subjects, category of patients, study design, predication in the study, and the characteristics of the elected studies were summarized (Table 1). Data from included studies were recorded, calculated and verified for accuracy by two authors independently¹⁴. Disagreements were resolved by discussion with a third author. Outcome measures were AI, subjects with severe asynchrony, ineffective efforts, auto-triggering, double triggering, premature cycling, peak airway pressure, partial pressure of carbon dioxide (PCO₂), partial pressure of

127 oxygen (PO_2), PO_2/FiO_2 (P/F), hospital mortality, intubation rate, duration of NIV and
128 duration of ICU stay. If necessary, we contacted the authors of the original article to
129 access some missing data.

130

131 Definition

132 The primary outcomes of our study were AI and severe asynchrony. The
133 secondary outcomes included auto-triggering, ineffective efforts, double triggering,
134 premature cycling, P/F, PCO_2 , PO_2 , duration of NIV, duration of ICU stay, hospital
135 mortality and respiratory discomfort. Asynchronies were expressed as the number of
136 events per minute and AI was defined as the number of events per minute divided by
137 the sum of triggered and non-triggered breaths during ventilation ¹⁵. Types of
138 ventilator asynchrony could be classified as ineffective efforts, double-triggering,
139 auto-triggering, and premature triggering. An AI of more than 10 % was considered
140 as severe asynchrony. Ineffective efforts occur when the patient's inspiratory effort
141 fails to trigger a ventilator breath. Double triggering results from the same
142 pronounced inspiratory effort retriggering the ventilator after it has discontinued
143 pressurization. Auto triggering is a cycle transmitted by the ventilator without patients'
144 effort, which is commonly caused by leaks in the ventilator circuit. Premature cycling
145 is defined as that inspiratory time is too short relative to patient inspiratory time ¹⁶.
146 The visual analogic scale was validated commonly used by various studies to assess
147 the respiratory discomfort ¹⁷. Respiratory discomfort was rated using the scale ranging
148 0-10 from 'no respiratory discomfort' to 'intolerable respiratory discomfort' by the
149 patients in each study ¹⁸.

150

151 Risk of bias assessment

152 The methodological quality of parallel-group Randomized Controlled Trials
153 (RCTs) included in this meta-analysis was assessed using the Jadad scale to determine
154 the risk of bias in each study¹⁹. Crossover studies were assessed according to the
155 Newcastle-Ottawa Scale (NOS)²⁰. The scores of each study were listed as the study
156 quality in table 1.

157

158 Statistical analysis

159 The PRISMA (Preferred Reporting for Systematic Reviews and Meta-Analysis)

160 statement was followed when performing this meta-analysis. Review Manager

161 Software (RevMan V.5.3) was used for statistical analysis. Data was pooled and mean

162 difference (MD) with 95% confidence interval (CI) was used for continuous outcomes

163 including AI, auto-triggering, ineffective efforts, double triggering, premature cycling,

164 Paw_{peak} , $EAdi_{peak}$, P/F, PCO_2 , PO_2 , duration of NIV and duration of ICU stay. Odds

165 ratio (OR) was used for dichotomous variable: hospital mortality, 90-days mortality

166 and severe asynchrony. A fixed-effect model was applied if there was no considerable

167 heterogeneity among studies. A random-effects model was used if $P \leq 0.1$ and/or $I^2 >$

168 50%. Subgroup analyses were performed to compare AI grouped by research design,

169 and by COPD because of the high heterogeneity. Findings were reported using forest

170 plots. Funnel plot were performed to assess the reporting biases of primary outcomes.

171

172 Results

173 We identified 344 publications from the databases and 5 publications from other

174 sources. A total of 263 publications remained after removal of duplicates. After

175 removal of case reports, pediatric study and invasive mechanical ventilation study, 21

176 studies were left. 6 records were ruled out after scanning the full text for insufficient

177 data or comparisons with modes except PSV. After reading full text and final

178 adjudication, 15 articles were left (supplementary figure 1) ^{10-13, 21-31}. The main

179 characteristics of each study were summarized and listed (Table 1). Jadad Scale

180 scores of all included RCT studies and NOS scores of all included crossover studies

181 were calculated. Funnel plot were performed to assess the reporting biases of AI and

182 severe asynchrony and no obvious publication biases were observed (supplementary

183 figure 2, 3).

184 For the AI, our study included 10 studies with a total of 288 adult subjects ^{10-12, 23,}185 ^{25, 26, 28-31}. The results were significantly lower in NAVA group (179 subjects) than186 PSV group (179 subjects) (MD -14.70, 95% CI: -23.20 to -6.19, $P < 0.001$) and

187 heterogeneity testing showed $I^2 = 95\%$ (figure 1). Subgroup analysis grouped by
188 research design showed the AI of NAVA was lower than PSV in randomized
189 cross-over research (MD -14.31, 95% CI: -34.00 to 5.38, $P = 0.15$), non-randomized
190 research (MD -10.23, 95% CI: -18.47 to -2.00, $P = 0.01$) and randomized controlled
191 study (MD -24.09, 95% CI: -55.44 to 7.27, $P = 0.13$; figure 2). Subgroup analysis
192 grouped by COPD exacerbation or non-COPD showed that the AI of NAVA was
193 lower than PSV in COPD exacerbation (MD -14.56, 95% CI: -21.04 to -8.09, $P <$
194 0.001) and non-COPD (MD -3.02, 95% CI: -4.44 to -1.61, $P < 0.001$; figure 3).

195 Six studies included results of ineffective efforts, auto-triggering and double
196 triggering were involved in our study ^{10, 11, 23, 26, 27, 29}. A total of 208 subjects were
197 recorded. For ineffective efforts, NAVA was not significantly different from PSV
198 (MD -0.76, 95% CI: -2.27 to 0.75, $P = 0.32$). For auto-triggering, NAVA was
199 significantly lower than PSV (MD -0.17, 95% CI: -0.30 to -0.04, $P = 0.009$). For
200 double triggering, NAVA was significantly higher than PSV (MD 0.09, 95% CI: 0.02
201 to 0.17, $P = 0.01$; supplementary figure 4). Three studies included results of
202 premature cyclings were enrolled in our study ^{23, 26, 29}. A total of 87 events were
203 recorded and NAVA was not significantly different from PSV (MD -1.34, 95% CI:
204 -4.06 to 1.38, $P = 0.33$; supplementary figure 4). Ten studies included results of
205 severe asynchrony were involved in our study ^{12, 22-30}. A total of 272 adult subjects
206 were involved. The number of subjects with severe asynchrony was significantly
207 lower in NAVA group than in PSV group (OR 0.06, 95% CI: 0.03 to 0.11, $P < 0.001$;
208 figure 4). Ten studies included results of inspiratory trigger delay were involved in
209 our study ^{10, 11, 21-26, 28, 29}. A total of 131 subjects were recorded and inspiratory trigger
210 delay in NAVA was significantly lower than PSV (MD -129.60, 95% CI: -148.43 to
211 -110.78, $P < 0.001$; figure 4).

212 Clinical outcomes included P/F, PaO_2 , $PaCO_2$, intubation rate, hospital mortality,
213 duration of ICU stay, duration of NIV and respiratory discomfort. For the results of
214 P/F, our study included three studies and a total of 72 subjects ^{22, 23, 29}. P/F did not
215 show significant difference between groups (MD 7.88, 95% CI: -32.50 to 48.26, $P =$
216 0.70). For the results of PaO_2 , our study included five studies and a total of 84

217 subjects^{22, 28, 29, 31}. PaO₂ showed no significant difference between groups (MD -1.40,
218 95% CI: -5.10 to 2.31, $P = 0.46$). For the results of PaCO₂, a total of 111 subjects was
219 involved^{22, 23, 25, 27-29, 31}. PaCO₂ showed no significant difference between groups (MD
220 -0.80, 95% CI: -2.31 to 0.71, $P = 0.30$; supplementary figure 5). Three studies
221 included results of rate of intubation and hospital mortality were enrolled in our study
222^{12, 13, 30}. A total of 433 subjects were recorded. There was no significant difference of
223 intubation rate (OR 1.15, 95% CI: 0.71 to 1.87, $P = 0.57$) and hospital mortality (OR
224 1.12, 95% CI: 0.68 to 1.85, $P = 0.65$) between NAVA and PSV groups
225 (supplementary figure 6). Three studies included records of duration of ICU stay and
226 NIV were enrolled in our study^{12, 13, 30}. A total of 433 subjects were involved.
227 Duration of ICU stay in NAVA group was significantly longer than PSV group (MD
228 1.22, 95% CI: 0.44 to 2.00, $P = 0.002$; supplementary figure 7). For duration of NIV,
229 NAVA was not significantly different from PSV (MD 0.24, 95% CI: -0.78 to 1.26, P
230 $= 0.65$; supplementary figure 7). For respiratory discomfort, our study included nine
231 studies and a total of 234 subjects^{10-12, 23-25, 28, 30, 31}. Level of discomfort was
232 significantly higher in NAVA group than PSV group (MD 0.62, 95% CI: 0.02 to 1.21,
233 $P = 0.04$; figure 4).

234

235 Discussion

236 We pooled up results of ten studies, and found that asynchrony index was
237 significantly lower in NIV-NAVA than in NIV-PSV, which was similar with results
238 reported in Sehgal et al's letter³². Apart from this, we included more adult studies and
239 did subgroup analysis grouped by randomized design and ventilation indications.
240 Results all showed NAVA had lower AI than PSV. Rate of severe asynchrony events
241 (AI>10%) was significantly lower in NAVA than PSV. Subgroup analysis between
242 COPD exacerbation and non-COPD showed a decreased heterogeneity and lower AI
243 in NIV-NAVA.

244 The pooled results showed that auto-triggering was observed more often in PSV
245 group than in NAVA, and premature cycling had no significant difference between
246 groups. Results of premature cycling might be biased, because only three studies

247 included this parameter. One of studies reported that no premature cycling was
248 observed in NIV-NAVA group, and in the other two, premature cycling was observed
249 more often in PSV group than NAVA group ²⁹. Although results revealed ineffective
250 efforts had no significant difference between groups, four studies involved reported
251 that none of ineffective efforts were observed while NIV-NAVA that made the
252 comparison inestimable and lead to the bias of results. Double-triggering was
253 observed more often in NAVA than PSV group (MD 0.09, 95% CI: 0.02 to 0.17,
254 $I^2=16\%$) that is consistent with Piquilloud et al.'s finding regarding invasive
255 ventilation ³³. During conventional ventilation, double-triggering was commonly
256 resulted from the pronounced inspiratory effort retriggering the ventilator after
257 discontinued pressurization ¹⁶. However, double-triggering during NAVA ventilation
258 was probably due to other reasons. The filtered EAdi signal which was transmitted by
259 NAVA had a biphas characteristic ³⁴. The decrease in the EAdi signal after the first
260 peak was interpreted by NAVA software as cease of delivered pressurization. A new
261 increased EAdi signal immediately followed the premature expiratory cycling and
262 would induce a new pressurization ³³. Piquilloud et al. proposed that increased
263 double-triggering did not have major clinical importance as no impact on work of
264 breathing ³³. Since the inspiratory flow in NIV-NAVA was proportional to EAdi slope,
265 Harnisch et al. thought this phenomenon might be associated with sighs due to
266 relative insufficient inspiratory flow ¹⁰. Patient-ventilator asynchrony is a frequent
267 disorder in critically ill patients with inspiratory effort. Theoretically, optimized
268 patient-ventilator interaction was associated with improved clinical outcomes ⁶.
269 However, no significant difference of clinical outcomes including results of arterial
270 blood gas analysis, intubation rate and hospital mortality was observed between
271 NAVA and PSV in this study. In contrast to our findings, Chen et al reported that
272 NAVA could reduce the duration of ventilation³⁵. Only three RCTs were involved in
273 our research, which might contribute to the conflicting results. Tajamul et al reported
274 that NAVA ventilation reduced the duration of NIV, mortality and intubation rate
275 among subjects with COPD exacerbation. More randomized controlled trials are
276 needed to determine whether NAVA affects clinical outcomes in critically ill adults.

277 NIV tends to be more tolerable due to its non-invasive characteristics, and it
278 makes early mechanical ventilation possible ³⁶. Nevertheless, due to the use of nasal
279 mask, air leakage, delayed triggering and increased false triggering cannot be evitable
280 which often result in asynchrony, increased ventilator load and poor ventilation
281 effects ³⁷. NIV-NAVA is a novel non-invasive assist ventilation mode using the EAdi
282 to regulate the triggering process of breathing cycling. The triggers and terminates of
283 the assist were determined by EAdi during NAVA ventilation³⁸. NAVA could keep
284 the assist synchronous with the inspiratory efforts independent of measurements of
285 airway pressure or flow ³⁹. Because the transmitted pressure was simultaneous with
286 the diaphragmatic activity, which contributed to decreased work of breathing and
287 reduced discomfort of ventilation, the inspiratory trigger delay was significantly
288 shorter in NAVA group than in PSV group consistent with our results ⁴⁰.

289 COPD exacerbation is one of the indications of NIV. Success of NIV can avoid
290 intubation and invasive ventilation, improve the quality of life and prolong the
291 survival. Our results indicated that NIV-NAVA was associated with better
292 patient-ventilator interaction than NIV-PSV. Sun et al. reported that NAVA could
293 increase gas distribution in intubated with COPD exacerbation and decrease the work
294 of breathing during invasive ventilation⁴¹. NAVA was probably beneficial in this
295 patient population. Although we did not found significant difference of clinical
296 outcomes including hospital mortality and intubation rate between groups, studies
297 involved were consist of subjects with various diseases, not just with COPD
298 exacerbation. Therefore, further researches with good quality focusing on specific
299 disease are needed to determine whether NAVA could provide a better prognosis.
300 Although we proposed that NIV-NAVA could reduce patients' asynchrony,
301 diminished severe asynchrony, shorten inspiratory trigger delay and improve comfort
302 of ventilation, our results did not reach a consistency. In our study, we compared the
303 overall level of respiratory discomfort between NIV-NAVA and NIV-PSV as well. In
304 contrast to Oliva et al's discovery, the pooled results indicated that more complains of
305 discomfort was found in NIV-NAVA than NIV-PSV. However, Oliva et al's study
306 only included sedative pediatric patients needing invasive mechanical ventilation ⁴².

307 Therefore, we considered that the main cause of raised level of discomfort was
308 consciousness and the catheter, and was less relative to ventilation.

309 Our systematic review had several limitations as well. First, most of our included
310 studies were cross-over design, which might cause biased results. Second, patients
311 involved in the studies were in various statuses. Different pathophysiological
312 conditions, like post-operative, post-extubation, trauma and COPD exacerbation,
313 could lead to altered respiratory function. Thus to explore the best indication of
314 NAVA-NIV, further large scale researches focusing on a relative single
315 pathophysiological state are needed.

316 Conclusion

317 NAVA has more advantages in ventilation-patient interaction than PSV during
318 NIV. Further high quality researches are needed in order to estimate impact of
319 NIV-NAVA on clinical outcomes.

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323 Conflict of interest

324 The authors declare that there is no conflict of interest.

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448

449

450 Legends

451 Figure 1. Forest plot for asynchrony index among patients during NIV.

452 Figure 2. Forest plot for subgroup analysis of AI divided by randomization of
453 study design.

454 Figure 3. Forest plot for subgroup analysis of AI divided by ventilation for COPD
455 exacerbation or not.

456 Figure 4. Forest plot for analysis of severe asynchrony ($AI > 10\%$), inspiratory
457 trigger delay and respiratory discomfort.

458

Table 1 Main characteristics of the studies included in the systematic review

Study	Time	Type	Country	Patients	N	age(NAVA vs PSV)	Participant	Study quality	Male/total (NAVA vs PSV)	Precondition
Almayrac et al.	2013	Non-randomized crossover	France	post-operative post-extubation	9	62(55, 71)	1 center	6	8/9 (cross-over)	VT=6-8mL/kg;PEEP 5cmH2O;FiO2 40%
Betrand et al.	2012	Non-randomized crossover	France	Pneumonia Thoracic trauma Post-extubation	13	67 ± 12	1 center	7	6/13 (cross-over)	VT=6-8mL/kg;PEEP 5-10cmH2O;NAVA0.5uv I/E 70% of EAdipeak
Cammarota et al.	2011	Non-randomized cross-over	Italy	post-extubation	10	61 ± 14	1 center	6	8/10 (cross-over)	PEEP=10cmH2O PS= 12cmH2O
Cammarota et al.	2016	radomized cross-over	Italy	non-COPD	15	61 ± 14	1 center	7	8/15 (cross-over)	I/E 70% of EAdipeak PEEP=10cmH2O; PS=10cmH2O NAVA 15cmH2O/uv I/E 70% of Eadipeak
Doorduyn et al.	2014	Non-randomized cross-over	Netherlands	COPD exacerbation	11	67(37, 78)	One ICU	7	10/11(10:10)	PS5-10cmH2O; PEEP 4-8cmH2O; NAVA 0.1-5.0cmH2O/uv
Hansen et al.	2020	RCT	Denmark	respiratory failure	293	72.3 ± 11.9(71.3 ± 12.1vs 72.3 ± 11.9)	1 center	3	166/293 (46:120)	
Harnisch et al.	2020	radomized cross-over	Germany	postoperative patients	22	66 ± 13	1 sugical ICU	7	16/22 (cross-over)	PEEP=6.23 ± 1.07 cmH2O; PS=6.25 ± 2.29cmH2O; NAVA0.77 ± 0.45cmH2O/uV
Longhini et al.	2017	radomized cross-over	Italy	COPD pneumonia sepsis polytrauma pulmonary edema	14	>18years old	2 centers	8	9/14(cross-over)	VT=6 - 8mL/Kg(ideal body weight)
Longhini et al.	2019	Randomized cross-over	Italy	COPD exacerbation	10	75.2 ± 6.0	1 center	8	9/10	VT =6 - 8 mL/Kg (ideal body weight)

Oppersma et al.	2020	randomized cross-over	Netherlands	COPD exacerbation	8	64.88 ± 8.76	1 center	7	4/8(cross-over)	PEEP=5 cm H2O PS=10 cmH2O NAVA 0.5 uv
Piquilloud et al.	2012	randomized cross-over	Switzerland	acute respiratory failure post-extubation	13	70(64, 78)	2 centers	8	6/13(cross-over)	NAVA level 0.5 uV; 30 min for placement of nasogastric tube, 20 min for NIV
Prasad et al.	2020	RCT	India	acute respiratory failure	100	56.7 ± 12.0(55.5 ± 10.5 vs 58.0 ± 13.3)	One Respiratory ICU	4	60/100(30:30)	VT= 6 mL/kg; PEEP=5 cm H2O SpO2=89 - 92%. NAVA0.5-3.0cmH2O/uv
Schmidt et al.	2012	randomized cross-over	France	non-COPD	17	64(58, 77)cross-over	One ICU	8	7/17(cross-over)event 17:17	PEEP =4 cmH2O; VT =6 - 8 mL/kg; SPO2 =92 - 96%
Tajamul et al.	2019	RCT	India	COPD exacerbation	40	61.36 ± 8.67(627 ± 7.8 vs 60.1 ± 9.44)	1 center	4	31/40(14 vs 17)	VT =6 - 8 mL/Kg (ideal body weight)NAVA 0.5uV
Wang et al.	2016	RCT	China	COPD exacerbation	40	72.8 ± 7.5 vs 70.5 ± 8.4	1 center	4	26/40(14 vs 12)	VT =6 - 8 mL/Kg (ideal body weight)NAVA 0.5uV

NAVA: neurally adjusted ventilatory assist; PSV, pressure support ventilation; RCT, randomized controlled trial; ICU, intensive care unit; AECOPD, acute exacerbations of chronic obstructive pulmonary disease; PEEP, positive end expiratory pressure.

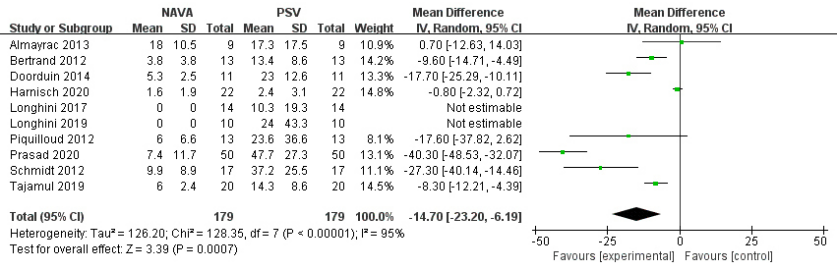


Figure 1. Forest plot for asynchrony index among patients during NIV.

24x7mm (900 x 900 DPI)

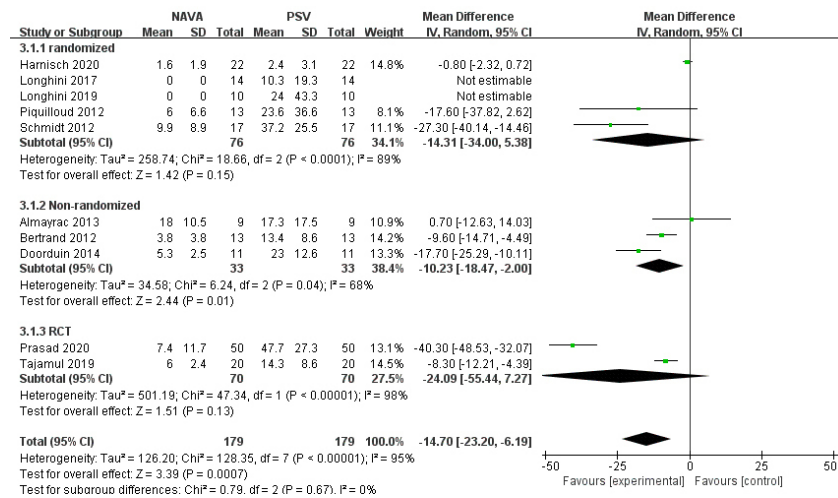


Figure 2. Forest plot for subgroup analysis of AI divided by randomization of study design.

24x13mm (900 x 900 DPI)

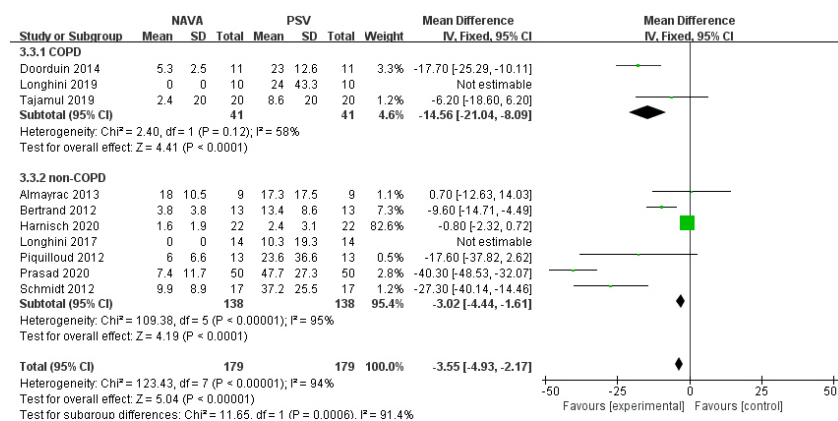


Figure 3. Forest plot for subgroup analysis of AI divided by ventilation for AECOPD or not.

24x11mm (900 x 900 DPI)

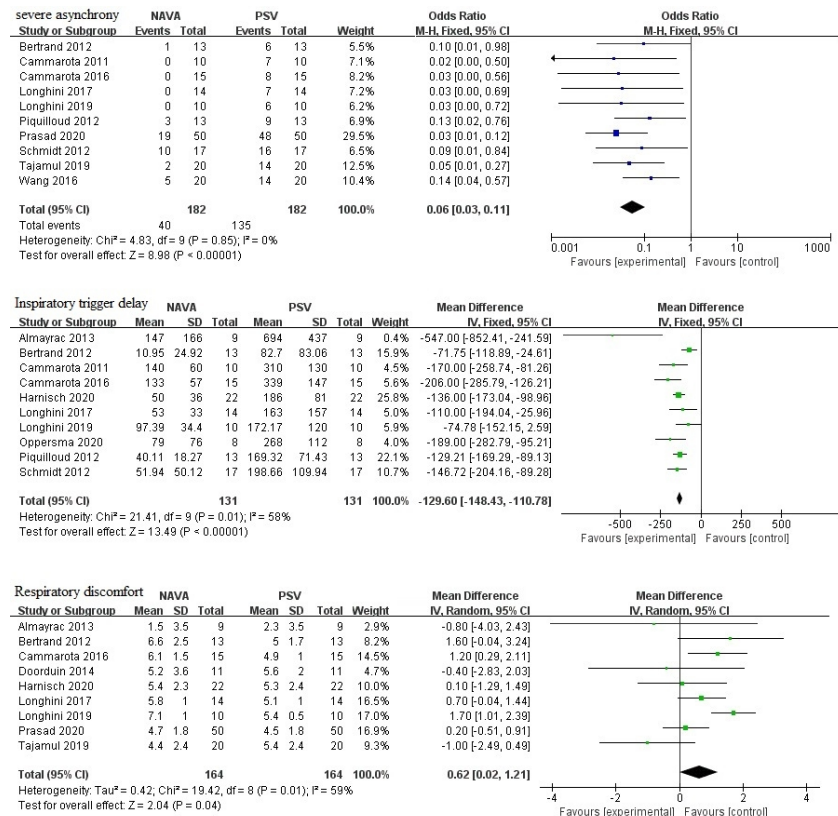


Figure 4. Forest plot for analysis of severe asynchrony ($AI > 10\%$), inspiratory trigger delay and respiratory discomfort.

25x25mm (900 x 900 DPI)