

UPHS Critical Care Well-Being Survey

Dear Critical Care Provider,

The UPHS Critical Care Alliance is committed to enhancing provider and staff well-being. In line with the National Academy of Medicine Action Collaborative on Clinician Well-Being, we support that a "key organizational strategy to improving clinician well-being is to measure it, develop and implement interventions, and then re-measure it."

As we continue this initiative, we invite you to participate in a voluntary survey to assess well-being. We will follow up every 3 months as we re-measure how we are doing.

For those who have completed similar surveys as part of the Medical Critical Care Well-Being initiative, we encourage you to participate in these surveys to ensure that we understand — and improve — well being across all of Penn Medicine.

Please contact our study leaders, Mark Mikkelsen (mark.mikkelsen@penntmedicine.upenn.edu) or Meeta Kerlin (prasadm@penntmedicine.upenn.edu), if you have any questions or suggestions to improve clinician well-being.

Thank you,
The UPHS Critical Care Alliance

Have you staffed an ICU in PennMedicine at any point in the past 12 months?

- Yes
 No

Thank you for you for being interested in taking this study!

Due to the Critical Care Alliance's focus on ICU clinicians, we do not have any further questions for you.

How true do you feel the following statements are about you at work DURING THE PAST TWO WEEKS?

	Not at all true	Somewhat true	Moderately true	Very true	Completely true
I feel happy at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel worthwhile at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My work is satisfying to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel in control when dealing with difficult problems at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My work is meaningful to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am contributing professionally (eg. patient care, teaching, research, and leadership) in the ways I value most	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

DURING THE PAST TWO WEEKS I have felt ...

	Not at all	Very little	Moderately	A lot	Extremely
A sense of dread when I think about work I have to do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physically exhausted at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lacking an enthusiasm at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emotionally exhausted at work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

DURING THE PAST TWO WEEKS, my job has contributed to me feeling ...

	Not at all	Very little	Moderately	A lot	Extremely
Less empathetic with my patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Less empathetic with my colleagues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Less sensitive to others' feelings/emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Less interested in talking with my patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Less connected with my patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Less connected with my colleagues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please answer the following questions regarding how you have felt DURING THE PAST MONTH...

	Yes	No
Have you felt burnout from your work?	<input type="radio"/>	<input type="radio"/>
Have you worried that your work is hardening you emotionally?	<input type="radio"/>	<input type="radio"/>
Have you often been bothered by feeling down, depressed, or hopeless?	<input type="radio"/>	<input type="radio"/>
Have you fallen asleep while sitting inactive in a public place?	<input type="radio"/>	<input type="radio"/>
Have you felt that all things you had to do were piling up so high that you could not overcome them?	<input type="radio"/>	<input type="radio"/>
Have you been bothered by emotional problems (such as feeling anxious, depressed, or irritable)?	<input type="radio"/>	<input type="radio"/>
Has your physical health interfered with your ability to do your daily work at home and/or away from home?	<input type="radio"/>	<input type="radio"/>

Please rate your level of agreement with the following statements.

The work I do is meaningful to me

- very strongly disagree
- strongly disagree
- disagree
- neutral
- agree
- strongly agree
- very strongly agree

My work schedule leaves me enough time for my personal/family life

- strongly disagree
- disagree
- neutral
- agree
- strongly agree

Finally, we are interested in understanding what contributes to your professional fulfillment and burnout.

Please respond to the following questions with any additional comments about what you think are your drivers of burnout and well-being.

Are there specific things that strongly contributed to you feeling burned out over the PAST 3 MONTHS?

Are there specific things that contributed to your fulfillment over the PAST 3 MONTHS?

Are there specific things that would improve your well-being in the NEXT 3 MONTHS?

Demographic Information and Professional Role

Age

Race

(Please check all that apply.)

- American Indian or Alaskan Native
- Asian or Asian-American
- Black or African-American
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- Other (please specify below)
- Prefer not to respond

Please enter the race indicated by "Other" above.

Ethnicity

- Hispanic, Spanish, and/or Latinx
- Not Hispanic, Spanish, and/or Latinx
- Prefer not to respond

Which best describe(s) your gender identity?

("Trans" a.k.a. "Transgender" is an umbrella term that refers to people whose gender identity, expression, or behavior is different from those typically associated with their assigned sex at birth.)

- Male
- Female
- Trans male/Trans man
- Trans female/Trans woman
- Non-binary, third gender, and/or genderqueer
- Prefer to self-describe
- Prefer not to respond

How do you describe your gender identity?

What is your clinical role?

- Attending Physician
- Hospitalist
- Advanced Practice Provider
- Nurse
- Respiratory therapist
- Pharmacist
- Prefer not to respond

Are you a Physician Assistant or Nurse Practitioner?

- Physician Assistant
- Nurse Practitioner
- Prefer not to respond

How many years have you been in practice in this role or an equivalent role (that is, since completion of your final level of training or certification)?

What is your primary department?

- Pulmonary/Medical Critical Care
- Cardiology/Cardiac Critical Care
- Trauma/Surgical Critical Care
- Anesthesiology/Critical Care
- Neurology/Neurocritical Care
- Emergency Department
- Prefer not to respond

What critical care area(s) do you work in?

Select ALL that apply.

- HUP - Founders 9 MICU
- HUP - Donner 3 MICU
- HUP - CCOPS
- HUP - CCU (Founders 8)
- HUP - SICU (Rhoads 5)
- HUP - HVICU (Founders 5)
- HUP - NeuroICU (Rhoads 2)
- PPMC - MICU
- PPMC - Trauma SICU (PAC4)
- PPMC - HVICU (PAC3)
- PPMC - NeuroICU (PAC5)
- PAH - Schiedt
- PAH - Widener A
- PAH - Widener B
- PAH - ICCU-4 Widener
- CCH - 3NCU and/or 2P
- VA - MICU
- VA - SICU
- Princeton Center for Critical Care
- Lancaster General Hospital Critical Care Units
- Any COVID ICU at Penn Medicine
- Prefer not to respond

Are you currently covering an ICU service?

- Yes
- No
- Prefer not to respond

How long is your current ICU rotation?

- 1 week
- 2 weeks
- 2 weeks with 2 days covered by other provider (i.e. weekend covered)
- 3-4 twelve-hour shifts per week
- Prefer not to respond

What ICU is your current rotation in?

- HUP - Founders 9 MICU
- HUP - Donner 3 MICU
- HUP - CCOPS
- HUP - CCU (Founders 8)
- HUP - SICU (Rhoads 5)
- HUP - HVICU (Founders 5)
- HUP - NeuroICU (Rhoads 2)
- PPMC - MICU
- PPMC - Trauma SICU (PAC4)
- PPMC - HVICU (PAC3)
- PPMC - NeuroICU (PAC5)
- PAH - Schiedt
- PAH - Widener A
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- VA - MICU
- VA - SICU
- Princeton Center for Critical Care
- Lancaster General Hospital Critical Care Units
- Any COVID ICU at Penn Medicine
- Prefer not to respond

What ICU was your most recent rotation in?

- HUP - Founders 9 MICU
- HUP - Donner 3 MICU
- HUP - CCOPS
- HUP - CCU (Founders 8)
- HUP - SICU (Rhoads 5)
- HUP - HVICU (Founders 5)
- HUP - NeuroICU (Rhoads 2)
- PPMC - MICU
- PPMC - Trauma SICU (PAC4)
- PPMC - HVICU (PAC3)
- PPMC - NeuroICU (PAC5)
- PAH - Schiedt
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- CCH - 3NCU and/or 2P
- VA - MICU
- VA - SICU
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- Prefer not to respond