

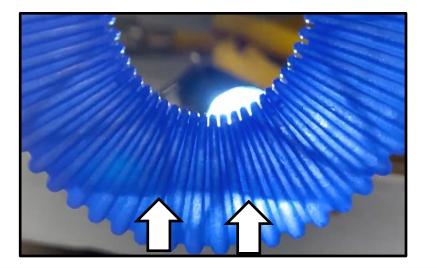
# **Aerosol Delivery via Nebulization from the Dry Side of a Heated Humidifier During Mechanical Ventilation**

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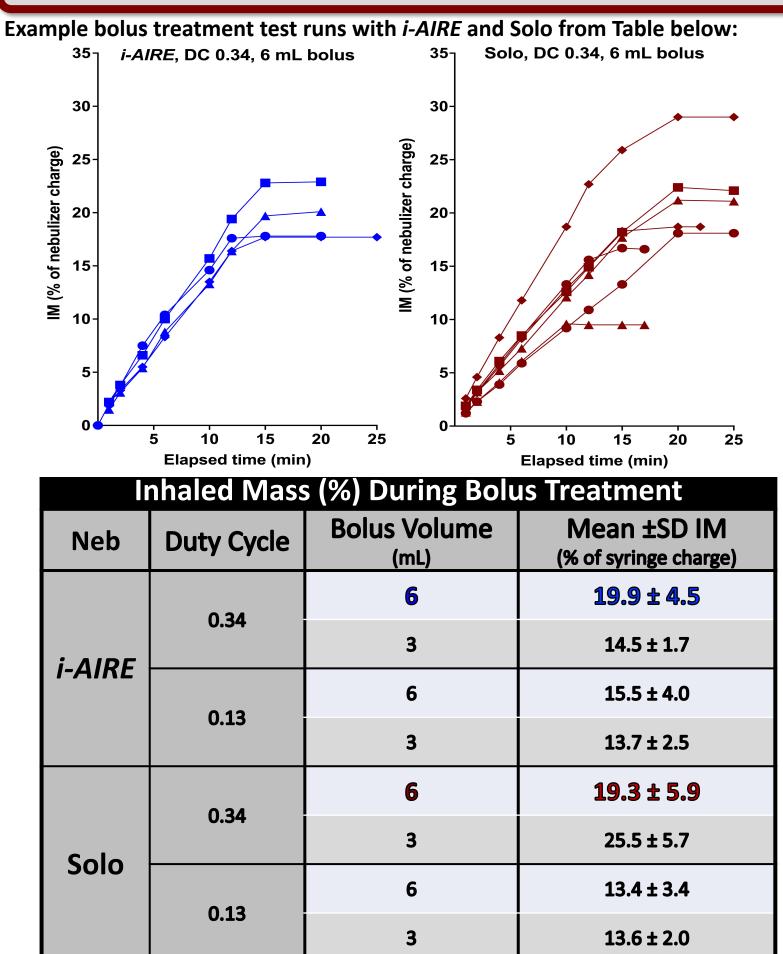
## BACKGROUND

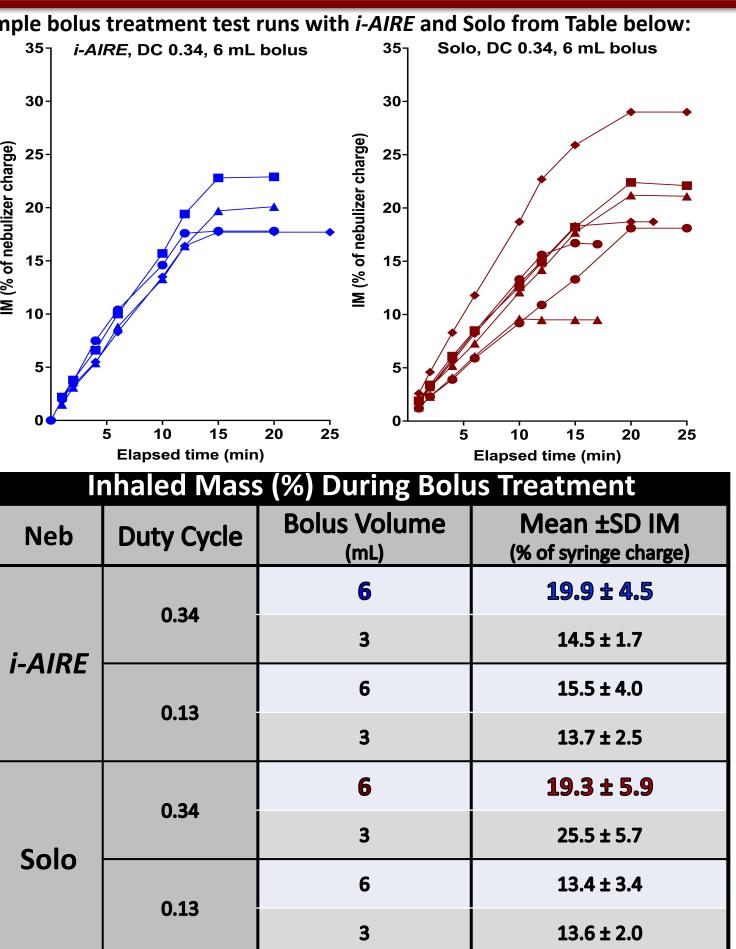
Nebulizers on the wet/outlet side of the heated humidifier create a "heat break" resulting in excess condensation in the nebulizer and inspiratory limb, risking circuit occlusion. Dry/inlet side placement eliminates the heat break and avoids excess condensation. This study compared dry side aerosol delivery (Inhaled Mass, IM) of a prototype inline breath-enhanced jet nebulizer (BEJN) versus a vibrating mesh nebulizer (VMN) using real-time measurement of nebulized radioaerosol.\*











**TEST SETUP & METHODS** nfusion Pump Sali-AIRE Nebulize Ratemeter **18-inch Flex Tube** Counter/Display Expiratory Limb Test Lung

- Radiolabeled <sup>99m</sup>Tc/saline used as aerosol tracer Inhaled mass (IM) filter at airway opening of test lung Gamma ratemeter detector oriented towards IM filter to measure radioactivity accumulating on the filter
- Adult ventilator with heated wire circuit/heated humidifier; 2 duty cycles (DC): 0.13 & 0.34

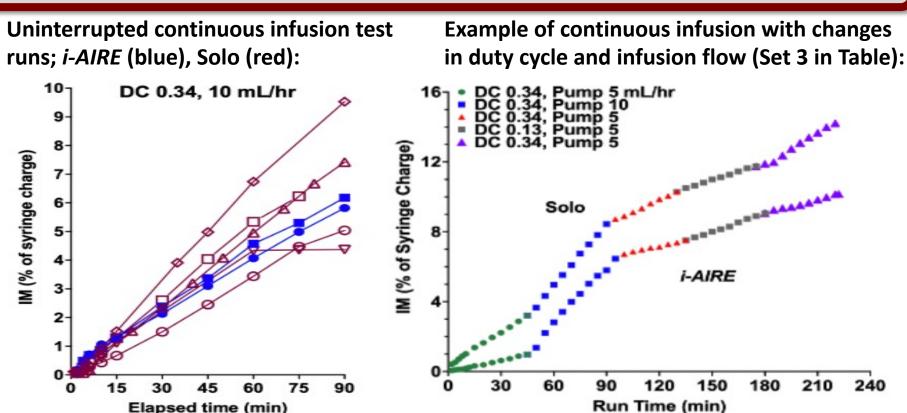
#### **Protocol:**

- InspiRx *i-AIRE* BEJN (figure) connected to inlet of humidifier
- Aerogen Solo VMN nebulizer (inset in figure) on inlet of humidifier
- **Tested 3- & 6-mL bolus treatments plus continuous infusion delivery**
- Infusion of neb with radiolabeled saline supplied by infusion pump
- Tested 4 sets of deliberate changes in breathing pattern and infusion flow
- \* J Aerosol Med 2021; 34(0):1-9.

#### **RESULTS**

## **REGRESSION ANALYSIS**

- IM during bolus treatment is affected by duty cycle and residual volume in the nebulizer; there was less residual in the i-AIRE as compared with Solo
- > IM during continuous infusion is affected by duty cycle and infusion flow. IM was similar between *i-AIRE* and Solo > During continuous infusion, adjustments made to the infusion
  - flow, but not duty cycle, affected IM



Elapsed time (min)				,
Effect on Continuous Infusion Aerosol Delivery of Changes in Duty Cycle and/or Infusion Pump Flow				
Conditions	Duty Cycle	Infusion Pump Flow (mL/hr)	Rate of Aerosol Delivery (% of syringe charge/min)	
			i-AIRE	Solo
Step 1	0.34	10	0.091	0.088
Step 2	0.13	10	0.068	0.050
Step 3	0.34	10	0.090	0.078
Step 4	0.34	5	0.020	0.040
Step 5	0.34	10	0.127	0.080
Step 1	0.13	10	0.043	0.091
Step 2	0.13	5	0.017	0.036
Step 3	0.13	10	0.058	0.067
Step 4	0.34	10	0.062	0.098
Step 5	0.13	10	0.064	0.064
Step 1	0.34	5	0.022	0.063
Step 2	0.34	10	0.110	0.118
Step 3	0.34	5	0.024	0.046
Step 4	0.13	5	0.035	0.032
Step 5	0.34	5	0.026	0.059
Step 1	0.13	5	0.018	0.038
Step 2	0.34	5	0.016	0.055
Step 3	0.13	5	0.028	0.038
Step 4	0.13	10	0.103	0.073
Step 5	0.13	5	0.023	0.037
	of Change itions Step 1 Step 2 Step 3 Step 4 Step 5 Step 1 Step 2 Step 3 Step 4 Step 3 Step 4 Step 5 Step 1 Step 2 Step 3 Step 4 Step 5 Step 1 Step 2 Step 3 Step 4 Step 5 Step 1 Step 2 Step 3 Step 4 Step 5	Step 1 0.34   Step 1 0.34   Step 2 0.13   Step 3 0.34   Step 4 0.34   Step 5 0.34   Step 4 0.34   Step 5 0.34   Step 4 0.34   Step 5 0.34   Step 1 0.13   Step 2 0.13   Step 3 0.13   Step 4 0.34   Step 5 0.13   Step 1 0.34   Step 3 0.13   Step 4 0.34   Step 5 0.13   Step 1 0.34   Step 3 0.34   Step 4 0.13   Step 5 0.34   Step 1 0.13   Step 1 0.13   Step 3 0.13   Step 3 0.13   Step 4 0.13	Of Changes in Duty Cycle and/or Implications Infusion Pump Flow (mL/hr)   Step 1 0.34 10   Step 2 0.13 10   Step 3 0.34 10   Step 4 0.34 5   Step 5 0.34 10   Step 1 0.13 10   Step 4 0.34 5   Step 5 0.34 10   Step 1 0.13 10   Step 2 0.13 5   Step 3 0.13 10   Step 4 0.34 5   Step 5 0.13 10   Step 4 0.34 5   Step 5 0.13 10   Step 1 0.34 5   Step 3 0.34 5   Step 4 0.13 5   Step 5 0.34 5   Step 1 0.13 5   Step 1 0.13 5   Step 3 0.13 5   Step 4 0.13	Step 1 0.34 10 0.091   Step 1 0.34 10 0.091   Step 2 0.13 10 0.068   Step 3 0.34 10 0.091   Step 4 0.34 5 0.020   Step 5 0.34 10 0.091   Step 4 0.34 5 0.020   Step 5 0.34 10 0.127   Step 1 0.13 10 0.043   Step 2 0.13 5 0.017   Step 3 0.13 10 0.058   Step 4 0.34 5 0.020   Step 5 0.13 10 0.062   Step 4 0.34 10 0.062   Step 5 0.13 10 0.064   Step 1 0.34 5 0.022   Step 1 0.34 5 0.024   Step 3 0.34 5 0.035   Step 4 0.13 5 0.026

## CONCLUSIONS

- Aerosol delivery with nebulizer positioning on the dry side of the heated humidifier is similar for both nebulizer technologies
- **BEJN** is more predictable during bolus treatment
- When continuous infusion steady state is achieved, vent settings can be adjusted as usual with no significant impact on drug delivery; delivery can be predicted based on pump flow

DISCLOSURES: Funded in part by InspiRx, Dr. Lee and Mr. McPeck: no disclosures. Ms. Cuccia is a consultant to InspiRx. Dr. Smaldone serves as a consultant and member of the advisory board of InspiRx Inc. Stony Brook University holds patents licensed to InspiRx, Inc.

